



ILM Level 7 Executive Coaching and Mentoring Qualification

The ILM Level 7 Programme in Executive Coaching and Mentoring is amongst the ILM's most senior qualifications. It provides Managers and Consultants (practising and aspiring) the opportunity to develop as leading practitioners in their field.

The programme is delivered by Judith Cashmore-James who uses a range of learning approaches which are designed to meet individual and group needs. The programme is demanding and supportive, allowing individuals to grow and learn together. You will gain detailed understanding of the coaching contract and the knowledge and skills required to deliver results for individual clients. The programme has its foundations in the practice of coaching in a supervised and supportive setting.

You will leave the programme with the knowledge, skills and confidence to perform effectively as coaches or mentors as part of your normal work role or as independent professional coaches and mentors.

"Judith is the most inspirational, generous, life-enhancing person I have ever come across, and being coached by her has been a truly transformative experience for me"

JTR, Newcastle upon Tyne

"Judith, you really are an inspirational coach, mentor and supervisor and I could not have achieved what I have without you. Somehow you have transformed a logical engineer into a coach and mentor...you must be a genius.

*Your greatest gift to me has been self-belief and for that I will be eternally grateful. I'm really excited about the future thanks to you.
Regards, Martin"*

Martin Rigley MBE
Managing Director
Lindhurst Engineering



“Alongside her considerable insight, gained through working at the highest level, Judith brings with her a certain calm in engaging and bringing about positive, measurable change. It is her enthusiasm for supporting people in living both extraordinary business and personal lives that marks her out as someone special.”

SL, Cambridgeshire

Attendance

The programme will be delivered as follows:

- ◆ Induction webinar — 1 hour
- ◆ Tutorial webinars — 4 x 1 hour

- ◆ One to one tutorials — 4 x 1 hour
- ◆ One-to-one supervision sessions — 4 x 1 hour
- ◆ 3 x 2 days course attendance

Course Content

Learning will be delivered through group learning, action learning and one-to-one tutorials. Content will include:

- ◆ Foundations of leadership coaching
- ◆ Goal setting and commitment
- ◆ Leadership coaching skills
- ◆ Self awareness in coaching
- ◆ Planning and practise
- ◆ Understanding preference
- ◆ Group sessions, pre (and post) session learning
- ◆ Critical review of own ability to perform effectively as a leadership mentor or executive coach
- ◆ Peer mentoring

How is the course assessed?

Assessments will include:

- ◆ a research project/assignment of 4,000 to 5,000 words
- ◆ a coaching and mentoring diary
- ◆ reflective review
- ◆ CPD log

There are no examinations. However, there is a minimum attendance requirement of 80%

Benefits of the Programme

For you

- ◆ Increased high level coaching and mentoring skills that you can use in your current role or in your own career development
- ◆ The ability to reflect critically upon and evaluate your own coaching practice
- ◆ Increased confidence in your role of coach and mentor

For your Organisation

- ◆ More effective coaching and/or mentoring
- ◆ Increased organisational ability to deliver results by adopting a culture of coaching and/or mentoring
- ◆ Measurable results from the coaching or mentoring you deliver

For your Clients

- ◆ A more confident and relaxed coach/mentor delivering more powerful coaching and mentoring – leading to greater personal satisfaction of the client

Entrance Requirements

There are no formal entry requirements but participants will normally be practising Senior Managers or Executive Coaches and Mentors. They should have successfully completed an ILM Level 5 qualification in Management (or higher) or have achieved an equivalent qualification. Exceptional learners with no formal qualification in Management, with several years' experience and who have completed some formal training in the role, will also be considered after completing a short pre course assignment to evaluate their knowledge and ability to complete the course.

What qualification(s) can be gained?

On successful completion of the programme and assignments you will be awarded the ILM Level 7 Diploma or Certificate in Executive Coaching and Mentoring. This is a Level 7 postgraduate qualification.

For the Level 7 Diploma you will need to undertake 100 coaching hours. If you opt to deliver only 20 coaching hours you will only be eligible for registration to the Level 7 Certificate.

Talk to us today

For an informal chat about the programme call Judith Cashmore-James, Programme Director, on **01785 613962** or **07779 718067**, or email her on judith@touchstoneassociates.co.uk

Or call Focus Management for Business Limited on **01623 345110**

Price

£2,750 + VAT

This includes all supervision and tutorial sessions.

ILM Level 7 Certificate in Executive Coaching and Mentoring and ILM Level 7 Diploma in Executive Coaching and Mentoring Units

Reference	Unit title	Level	CV*	GLH**	Mandatory***
8581-700	Understanding the Context of Coaching and Mentoring in a Strategic Business Environment	7	5	14	C D
8581-701	Undertaking Coaching or Mentoring at a Senior and Strategic Level (20 hours)	7	5	12	C
8581-702	Undertaking an Extended Period of Supervised Coaching or Mentoring at a Senior or Strategic Level (100 Hours)	7	30	20	D
8581-703	Reflecting on Your Own Ability to Perform Effectively as a Coach or Mentor Practising at a Senior Level	7	5	21	C D

*Credit value. **Guided learning hours. ***C = Certificate. D = Diploma.